

# **BECOME A LIFEGUARD**



### Why become a lifeguard?

Lifeguarding is a rewarding summer job where you get to be a part of a team. Lifeguarding also gives you transferable skills including communication, emergency preparedness, and responsibility.



### How do I get certified?

Take a Red Cross Lifeguarding class to obtain a two-year certification. Classes are taught all over North Texas and around the country.



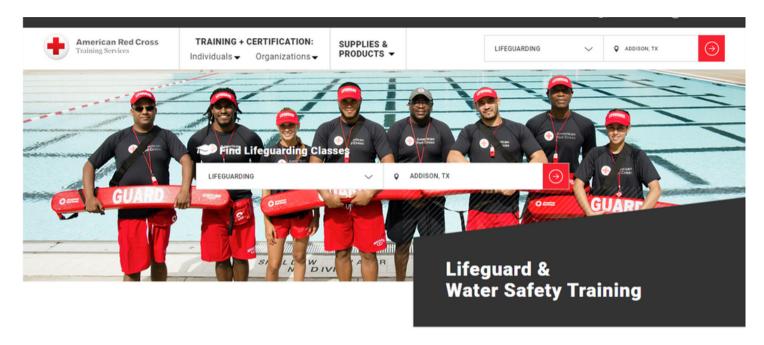
#### Why Addison?

Addison is a tight knit community with an outdoor pool that everyone looks forward to using in the summer. Many guards say their favorite part about working here was getting to know our residents!

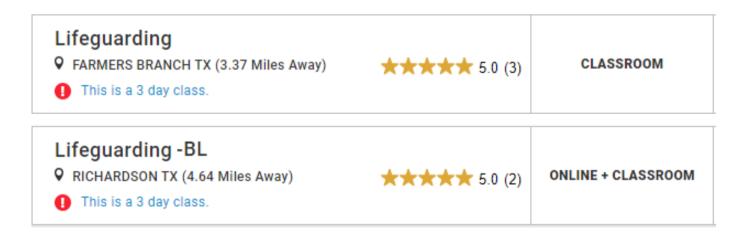
# **HOW CAN I GET CERTIFIED?**

Visit the American Red Cross website to find classes near you.

https://www.redcross.org/take-a-class/lifeguarding



First-time lifeguards take a 2-3 day course where they learn and practice safety and rescue skills. Classes are offered in-person and blended learning (BL).



Once you complete the class, you will get a digital copy of your certification.

Have questions about being a lifeguard at the AAC?

Contact Fitness Supervisor Anna Weir at aweir@addisontx.gov